

Inuit in Canada Health and Wellness Indicators, Quick Stats, 2023 Edition				
Indicator Group	Indicator Measure(s)	Latest Data	Data source	Data Year
<b>Demographics</b>				
Population	Total Inuit population in Canada	70,540	StatCan, Census	2021
	Inuit population living in Inuit Nunangat	48,690	StatCan, Census	2021
	% of Inuit living in Inuit Nunangat under the age of 25	52.6%	StatCan, Census	2021
	Total number of Inuit communities in Canada	51	Inuit Tapiriit Kanatami	2018
Vital statistics	Total fertility rate, Inuit females in Canada	2.8 children	StatCan, Projections of Aboriginal Population and Households	2011
	Life expectancy at birth (projected), Inuit in Canada, both sexes	72.4 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), Inuit males in Canada	70.8 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), Inuit females in Canada	74.0 years	StatCan, Projections of Aboriginal Population and Households	2017
	Infant (less than one year of age) mortality rate, Inuit in Canada	12.3 per 1,000 live births	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
<b>Health status and outcomes</b>				
Health status	% reporting excellent or very good health, Inuit aged 18 and over living in Inuit Nunangat	36.9%	StatCan, APS	2017
	% of all Inuit infants less than one year of age in Canada born small for gestational age	8.0%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
	% of all Inuit infants less than one year of age in Canada born large for gestational age	15.6%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Oral health	Average number of decayed, missing and filled teeth, Inuit aged 3-5 living in Inuit Nunangat	8.2	FNIHB, IOHS	2008-2009
	Average number of decayed, missing and filled teeth, Inuit aged 6-11 living in Inuit Nunangat	7.1	FNIHB, IOHS	2008-2009
	Average number of decayed, missing and filled teeth, Inuit aged 12-19 living in Inuit Nunangat	9.5	FNIHB, IOHS	2008-2009
	Average number of decayed, missing and filled teeth, Inuit aged 20 and over living in Inuit Nunangat	16.8	FNIHB, IOHS	2008-2009
Infectious disease	Rate of tuberculosis, Inuit living in Inuit Nunangat	190.1 per 100,000 population (3 yr. average)	PHAC, CTBRS	2018-2020
Chronic disease	% reporting having been diagnosed with heart disease, Inuit aged 18 and over living in Inuit Nunangat	3.6%	StatCan, APS	2017
	% reporting having been diagnosed with high blood pressure, Inuit aged 18 and over living in Inuit Nunangat	12.2%	StatCan, APS	2017
	Hospitalization rate for circulatory disease, Inuit living in Inuit Nunangat (excluding Nunavik)	665 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
	% reporting having been diagnosed with type 2 diabetes, Inuit aged 18 and over living in Inuit Nunangat	3.0%	StatCan, APS	2017
	Hospitalization rate for diabetes (all types), Inuit living in Inuit Nunangat (excluding Nunavik)	43 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
Injury	Hospitalization rate for unintentional injury, Inuit living in Inuit Nunangat (excluding Nunavik)	541 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
Mental health	Hospitalization rate for intentional self-harm, Inuit living in Inuit Nunangat (excluding Nunavik)	180 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
	Hospitalization rate for a depressive episode, Inuit living in Inuit Nunangat (excluding Nunavik)	92 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
<b>Determinants of health</b>				
Person-related factors (individual and behavioural)	% overweight (self-reported), Inuit aged 18 and over living in Inuit Nunangat	27.8%	StatCan, APS	2017
	% obese (self-reported), Inuit aged 18 and over living in Inuit Nunangat	32.7%	StatCan, APS	2017
	% reporting drinking 5* or more alcoholic drinks on one occasion at least once a month, Inuit aged 18 and over living in Inuit Nunangat <i>*Four or more drinks for females, and five or more drinks for males</i>	32.0%	StatCan, APS	2017
	% reporting smoking cigarettes daily, Inuit aged 18 and over living in Inuit Nunangat	66.9%	StatCan, APS	2017
Social and economic factors	% who completed high school and/or post-secondary studies, Inuit aged 25-64 living in Inuit Nunangat	43.1%	StatCan, Census	2021
	Unemployment rate, Inuit aged 25-64 living in Inuit Nunangat	17.6%	StatCan, Census	2021
	Employment rate, Inuit aged 25-64 living in Inuit Nunangat	51.7%	StatCan, Census	2021
	Median individual income, Inuit aged 15 and over living in Inuit Nunangat	\$32,000	StatCan, Census	2021
Physical environment factors	% in crowded homes, Inuit living in Inuit Nunangat	53.0%	StatCan, Census	2021
	% in dwellings requiring major repairs, Inuit living in Inuit Nunangat	32.7%	StatCan, Census	2021
<b>Health system performance</b>				
Access	% who saw or spoke on the phone with a family physician or nurse in the last year, Inuit aged 18 and over living in Inuit Nunangat	64.2%	StatCan, APS	2017
	% who saw a dental professional in the last year, Inuit aged 18 and over living in Inuit Nunangat	53.4%	StatCan, APS	2017
Effectiveness	% Inuit patients in Canada diagnosed as a new active or re-treatment case of tuberculosis (TB) who completed treatment	94.1%	PHAC, CTBRS	2017

**Abbreviations:** APS, Aboriginal Peoples Survey; CTBRS, Canadian Tuberculosis Reporting System; FNIHB, First Nations and Inuit Health Branch; IOHS, Inuit Oral Health Survey; PHAC, Public Health Agency of Canada; StatCan, Statistics Canada

**Note:**

Data for Inuit may not be comparable with data for similar indicators in the Public Health Infobase because of different data sources and methodologies. Data in this sheet are primarily for Inuit living in Inuit Nunangat. Inuit Nunangat includes the Inuvialuit Settlement Region in the Northwest Territories, the territory of Nunavut, Nunavik in northern Quebec and Nunatsiavut in northern Labrador.

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