

First Nations in Canada Health and Wellness Indicators, Quick Stats, 2018 Edition				
Indicator Group	Indicator Measure(s)	Latest Data	Data source	Data Year
Demographics				
Population	Population with status under the Indian Act ¹ living in First Nations communities	509,016	CIRNAC/ISC, Indian Register unadjusted counts	2017
	Population with status under the Indian Act ¹ living outside First Nations communities	478,504	CIRNAC/ISC, Indian Register unadjusted counts	2017
	% of population with status under the Indian Act ¹ living in First Nations communities under the age of 25	46%	CIRNAC/ISC, Indian Register adjusted, projected counts	2016
Vital statistics	Total fertility rate, First Nations females with status (on and off-reserve)	2.7 children	StatCan, Projections of Aboriginal Population and Households	2011
	Life expectancy at birth (projected), First Nations people (status and non-status, on and off-reserve), both sexes	77.9 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations males (status and non-status, on and off-reserve)	76.4 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations females (status and non-status, on and off-reserve)	79.3 years	StatCan, Projections of Aboriginal Population and Households	2017
	Infant mortality rate, First Nations people (status and non-status, on and off-reserve), both sexes	9.2 per 1,000 live births	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Health status and outcomes				
Health status	% reporting excellent or very good health, First Nations people aged 18 and over in First Nations communities	44.1%	FNIGC, RHS	2008/10
	% of First Nations infants (on and off reserve) born small for gestational age	5.8%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
	% of First Nations infants (on and off reserve) born large for gestational age	20.9%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Oral health	Average number of decayed, missing and filled teeth, First Nations people aged 3-5 years in First Nations communities	7.6	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed, missing and filled teeth, First Nations people aged 6-11 years in First Nations communities	6.6	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed, missing and filled teeth, First Nations people aged 12-19 years in First Nations communities	6.2	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed missing and filled teeth, First Nations people aged 20 years and over in First Nations communities	13.7	FNIGC, First Nations Oral Health Survey	2009/10
Infectious disease	Rate of tuberculosis, First Nations people with status in First Nations communities	26.6 per 100,000 population (3 yr. average)	PHAC, CTBRS	2014/2016
	Rate of newly reported cases of HIV among First Nations people on and off-reserve	20.3 per 100,000 population (3 yr. average)	PHAC, Canadian HIV/AIDS Reporting System	2013/2015
Chronic disease	% reporting having been diagnosed with heart disease, First Nations people aged 18 and over in First Nations communities	4.2%	FNIGC, RHS	2015/16
	% reporting having been diagnosed with the effects of stroke, First Nations people aged 18 and over in First Nations communities	1.4%	FNIGC, RHS	2015/16
	% reporting having been diagnosed with high blood pressure, First Nations people aged 18 and over in First Nations communities	17.2%	FNIGC, RHS	2015/16
	Hospitalization rate for circulatory disease, First Nations people in First Nations communities	991 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	% reporting having been diagnosed with type 2 diabetes, First Nations people aged 18 and over in First Nations communities	12.9%	FNIGC, RHS	2008/10
	Hospitalization rate for type 2 diabetes, First Nations people in First Nations communities	366 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Injury	Hospitalization rate for unintentional injury, First Nations people in First Nations communities	836 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Mental health	Hospitalization rate for intentional self-harm, First Nations people in First Nations communities	146 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	Hospitalization rate for a depressive episode, First Nations people in First Nations communities	84 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Determinants of health				
Person-related factors (individual and behavioural)	% overweight (self-reported), First Nations people aged 18 and over in First Nations communities	34.2%	FNIGC, RHS	2008/10
	% obese (self-reported), First Nations people aged 18 and over in First Nations communities	40.2%	FNIGC, RHS	2008/10
	% reporting drinking 5 or more alcoholic drinks on one occasion at least once a month, First Nations people aged 18 and over in First Nations communities	40.5%	FNIGC, RHS	2008/10
	% reporting smoking cigarettes daily, First Nations people aged 18 and over in First Nations communities	40.3%	FNIGC, RHS	2015/16
	% reporting being physically active or moderately active in their leisure time, First Nations people aged 18 and over in First Nations communities	53.5%	FNIGC, RHS	2008/10
Social and economic factors	% who completed high school and/or post-secondary studies, First Nations people aged 25-64 in First Nations communities	56.9%	StatCan, Census	2016
	Unemployment rate, First Nations people aged 25-64 in First Nations communities	22.5%	StatCan, Census	2016
	Employment rate, First Nations people aged 25-64 in First Nations communities	46.8%	StatCan, Census	2016
	Median individual income, First Nations people aged 15 and over in First Nations communities	\$16,907	StatCan, Census	2015
	% in a food insecure household, First Nations people aged 18 and over in First Nations communities	54%	FNIGC, RHS	2008/10
Physical and environment factors	% in crowded homes, First Nations people in First Nations communities	36.8%	StatCan, Census	2016
	% in dwellings requiring major repairs, First Nations people in First Nations communities	44.1%	StatCan, Census	2016
Health system performance				
Access	% of clients who accessed at least one Non-Insured Health Benefit per year	71%	FNHIB, HICPS	2016/17
	% that reported that the unavailability of a doctor or nurse was a barrier to receiving health care, First Nations people aged 18 and over in First Nations communities	22.6%	FNIGC, RHS	2015/16
Effectiveness	% patients diagnosed as a new active or re-treatment case of tuberculosis (TB) who completed treatment, First Nations people in First Nations communities	92.9%	PHAC, CTBRS	2014
Prevention	% up to date on measles, mumps and rubella (MMR) vaccination, First Nations children at age 2 in First Nations communities	80.4%	FNHIB Program statistics	2016
	% that had a mammogram in the past 3 years, First Nations women aged 50-74 in First Nations communities	62.8%	FNIGC, RHS	2008/10
	% that had a pap test in the past three years, First Nations women aged 18 and over in First Nations communities	68.5%	FNIGC, RHS	2015/16
Water safety	% of First Nations communities that are in compliance with national water monitoring guidelines	41%	FNHIB, Environmental Public Health program statistics	2013-14
	% of the recommended number of sampling weeks that public water systems in First Nations communities were monitored for bacteria	80%	FNHIB, Environmental Public Health program statistics	2017

Abbreviations: CIRNAC/ISC, Crown-Indigenous Relations and Northern Affairs Canada and Indigenous Services Canada; CTBRS, Canadian Tuberculosis Reporting System; DAD, Discharge Abstract Database; FNHIB, First Nations and Inuit Health Branch; FNIGC, First Nations Information Governance Centre; HICPS, Health Information and Claims Processing Services System; PHAC, Public Health Agency of Canada; RHS, Regional Health Survey; StatCan, Statistics Canada

¹While most people registered under the Indian Act are First Nations people, a small proportion do not identify as First Nations but have status nonetheless; this includes non-First Nations women who gained status through marriage (before 1985), some non-First Nations children who gained status through adoption, and others. This number also excludes those who identify as First Nations but who are not registered.

Note:

Data for First Nations people may not be comparable with data for similar indicators in the Public Health Infobase because of different data sources and methodologies. Data in this sheet are primarily for the First Nations population. The terms 'on-reserve' and 'First Nations community' used interchangeably, depending on the source of the data.

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